



Dr. Raquel Martin, PhD

Licensed Clinical Psychologist, Professor, Scientist,
Podcast Host, & Content Creator

Dr. Martin is the founder of Martin Psychological Services. She practices therapy, provides consultation services and conducts workshops focused on anti-oppressive care, burnout, racial identity development, parenting, and racism-related stress

Dr. Martin is a sought-after speaker who practices what she preaches as part of a personal journey toward self-care and mental health. She is both transparent and transformational, sharing her stories and experiences as a Black woman, mom, wife, professor, and human being.

Dr. Martin also hosts the Mind Ya Mental podcast, which seeks to educate, empower and uplift stories along the pathway to mental health and wellbeing. Her insights are impactful – building community among diverse listeners.

SELECTED NEWS & MEDIA FEATURES



SELECTED SPEAKING ENGAGEMENTS



SIGNATURE TOPICS

- ✓ Burnout
- ✓ Anti Racist & Anti Oppressive Health Care
- ✓ Racism Related Stress
- ✓ Parenting
- ✓ Prioritizing Mental Health in the Workplace
- ✓ Black Mental Health

LET'S WORK TOGETHER!

Plases feel free to contact me for any concerns or questions.

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